

**"MORE THAN THE JEWS
HAVE KEPT SHABBAT;
SHABBAT HAS KEPT THE
JEWS."**

-AHAD HA'AM

FIND OUT WHY.



CASUAL KABBALAT SHABBAT

FRIDAYS 6:30-7:15 P.M.

Burdened by the week's stress, tension and worries?

Leave work behind and head straight for Beth Sholom's Casual Kabbalat Shabbat service.

Transition into Shabbat with uplifting melodies and meditations. Experience the peace and relaxation of Shabbat with family and friends.

Shabbat keeps the Jews. Find out why.

Beth Sholom Congregation

1011 N. Market Street
Frederick, MD 21701
301-663-3437

www.bethsholomfrederick.org

e-mail: RabbiSingerman@gmail.com