

THE BULLETIN

701
BSD

*of Beth Sholom Congregation
Frederick, Maryland*

March 2010

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Adar/Nissan 5770

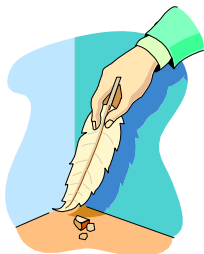


PASSOVER SEDER SCHEDULE

First Seder, Monday Night, March 29
Second Seder, Tuesday Night, March 30

The Chometz (leavening) Search, Sunday Evening, March 28

The night before the first seder, we search for and symbolically eliminate all remaining leavening from the house. This year, because of Shabbos, we do it a night earlier. We do our searching at nightfall. This is an especially enjoyable ceremony for children. This ritual is described at the beginning of many haggadot.



The search is performed in the following manner:

- a. Place 10 pieces of visible-size bread in various locations throughout the house.
- b. Make the following blessing: Baruch atah Adonai Elokeinu melech ha-olam asher kid-shanu b' mitzvotav v' tzivonu al biur chometz. Then proceed, traditionally with lighted candles, to look for any leaven that can be found.
- c. The pieces of bread should be gathered into a container, with a feather and a wooden spoon, and can be placed in a small cardboard box.
- d. After gathering the 10 pieces and whatever other leaven there is, make the following declaration: "All manner of leaven that is in my possession which I have not seen or have not removed, or have no knowledge of, shall be null and disowned as the dust of the earth." ☆

The President's Corner

by Gayle Bromberg
gaylebromberg@yahoo.com



We are beginning a new stage of our development as a Congregation, with Rabbi Kosman's change of status to emeritus and Rabbi Singerman's inauguration as our new Rabbi. This is a time of continuity and change. We are building upon the strong foundation of Halacha, as established by Rabbi Kosman. And we will continue to hold the strong values with which Rabbi Kosman has imbued Beth Sholom - those of inclusiveness and warm acceptance of everyone. Rabbi Singerman has written the following mission statement as part of his preparation for becoming our religious leader: "Beth Sholom embraces Jews of all backgrounds, beliefs, and practices. ... A warm and welcoming diverse congregation, Beth Sholom provides the opportunity to experience and live a vibrant, meaningful Judaism built on traditional Halacha as applied to the modern world." Although change is wanted by many of our congregants, and is necessary in order for our Congregation to be sustainable, change is also difficult to adjust to, usually bumpy, and imperfect. Many people, I anticipate, will be very pleased with most changes but unhappy with a few or with some of the process by which changes are made. I am asking for everyone's patience, positive attitude, and willingness to give new things a few tries. During this past couple of months, as we have been preparing for many changes, the BOT has worked on dealing with our differences and finding solutions in a civil, respectful manner, keeping in mind that we are one family and we all have the goal of making Beth Sholom a peaceful, loving home for all of us. I hope that the way in which the BOT is working will serve as a very positive role model for the Congregation as a whole. I have personally been working on keeping in mind my strong commitment to transparency and inclusiveness in making decisions even when efficiency and expediency are required. If there are

(Continued on p. 2)

President's Corner (cont.)

things you're unhappy or uncomfortable with, please share your concerns directly with me, Rabbi Singerman, the Board, or Pauline, so that we can make efforts to make things more comfortable and resolve problems. We're also happy to receive affirmations that we're on the right track. Rabbi Singerman and a number of Shul committees have been working hard to plan for vibrant, inviting, inclusive Shabbat services; for welcoming younger families; and for improving our youth, adult and family educational programming. Here are some of the highlights:

Adjust the content of Religious School and adult education, as well as to make Religious School a place the students want to attend. A sub-committee is working to implement changes in the high school program that will make it more relevant and engaging for the students by using computer technology for enhancing learning and interest. Rabbi Singerman is working with the sixth grade families on a program for that class that will include family/parent involvement. This plan will also be a pilot program for the Religious School (or at least the upper grades).

We have a new prayer book. The Hebrew prayers will be essentially the same as our current siddur, but the English line by line translation will be more accurate and in modern English. Additionally, each page has line-by-line transliteration, as well as commentary on the prayers. This will help Hebrew readers and non-Hebrew readers follow along with the davening more easily. Thank you to the generous congregants who donated siddurim.

Services are more complete but shorter. We will be learning to pray at a faster pace, and will have some faster and livelier tunes to learn. They are all available online on MP3 files, if you wish to practice or become more familiar with them at home.

Beth Sholom Congregation

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We are providing two concurrent Saturday morning services to provide for egalitarian and non-egalitarian needs and preferences. Men, women and children will be included in leading prayers, and men and women will have aliyot in the traditional egalitarian service led by Rabbi Singerman in the Sanctuary, beginning at 9:30 a.m. A traditional non-egalitarian service will be held in the Chapel beginning at 9:15 a.m., through the Torah service. The service in the Chapel will end with the Torah Service, so that participants may join the service in the Sanctuary for Rabbi Singerman's sermon, Mussaf, and Kiddush. Todah rabah to both rabbis and to the members of the BOT who worked together to create a way in which we can serve the diverse needs of our members and continue as a unified, harmonious congregation.

We are working on providing an even more comfortable place of welcome and building community. For a portion of the services, including the Torah service, you may drop off toddlers and young children to have some play time and their own little Shabbat program, so that you can relax and pay attention to the adult services without interruption. There will also be coffee in the lobby, and some places to sit down, if you need a break from services or if you're waiting for your children while they are in nursery or religious school during the week. A room near the bathrooms is available for nursing mothers and their babies. In services, we will sit together, instead of spread out into separate areas of the sanctuary, so that we can feel the unity of praying together as a community.

At the same time as we are dealing with changes we have planned and worked for, we cannot forget our southern neighbors in Haiti who are dealing with cataclysmic changes almost too horrific for us to imagine. In times of such cataclysmic devastation, one might expect that people would lose faith, as it is hard to understand in terms of faith why suffering of this magnitude is occurring. And yet in hard times, people find comfort and strength by clinging to their faith, their connection to G-d and to each other. We have had some similar experiences in our history as a people, including the recitation of Kaddish after the destruction of the Temple in Jerusalem, and the maintaining of faith and prayer services in the concentration camps. Individually, we may have also had experiences of our faith helping us through severe illnesses and losses. Even though we have not been able to make rational sense of why there is so much suffering in the world, our faith reminds us that we need to respond by staying connected to G-d and each other and helping to repair the world. I hope that we will be inspired to join with the people of Haiti and provide support for them as they attempt to heal and to repair their country. We may also be inspired to know that Israel was the first country to set up a mobile hospital in Haiti following the earthquake, a testament both to the high level of organization Israel has had to maintain to respond quickly to crises and to the importance in our religion of saving lives. Our hearts and prayers go out to the people of Haiti.

Shalom, Gayle ☆

The Seder Plate

The Seder preparations should be made in time for the Seder to begin as soon as the synagogue services are finished. It should not begin before nightfall, however. Matzah, bitter herbs and several other items of symbolic significance are placed on the Seder plate in the arrangement shown below.



Matzah — Three whole matzos are placed one atop the other, separated by a cloth or napkin. Matzah must be eaten three times during the Seder, by itself, with maror, and as the afikoman. Each time, the minimum portion of matzah for each person should have a volume equivalent to half an egg. Where many people are present, enough matzos should be available to enable each participant to receive a proper portion.

Maror and Chazeres — Bitter herbs are eaten twice during the Seder, once by themselves and a second time with matzah. Each time a minimum portion, equal to the volume of half an egg should be eaten. The Talmud lists several vegetables that qualify as Maror, two of which are put on the Seder plate in the places marked Chazeres and Maror. Most people use romaine lettuce (whole leaves or stalks) for Chazeres, and horseradish (whole or grated) for Maror, although either may be used for the mitzvah of eating Maror later in the Seder.

Charoses — The bitter herbs are dipped into charoses (a mixture of grated apples, nuts, other fruit, cinnamon and other spices, mixed with red wine). The charoses has the appearance of mortar to symbolize the lot of the Hebrew slaves, whose lives were embittered by hard labor with brick and mortar.

Z'roa [Roasted bone] and **Beitzah** [Roasted Egg] — On the eve of Passover in the Holy Temple in Jerusalem, two sacrifices were offered and their meat roasted and eaten at the Seder feast. To commemorate these two sacrifices we place a roasted bone (with some meat on it) and a roasted hard-boiled egg on the Seder plate.

The egg, a symbol of mourning, is used in place of a second piece of meat as a reminder of our mourning at the destruction of the Temple — may it be rebuilt speedily in our day.

Karpas — A vegetable (celery, parsley, boiled potato) other than bitter herbs completes the Seder plate. It will be dipped in salt water and eaten. (The salt water is not put on the Seder plate, but it, too, should be prepared beforehand, and placed near the Seder plate).

What is Chometz?

If one of the five grains--wheat, oats, rye, barley, or spelt--comes in contact with water after being harvested, it becomes fermented, or chometz. This fermentation takes 18 minutes, according to tradition. *Pesadick* baked goods are made from flour that has not been fermented. The term chometz also applies to dishes and utensils that have been in contact with chometz foods during the year.

Most Ashkenazic authorities have added the following foods (*kitniyot*) to the above list: rice, corn, millet, and legumes (beans and peas; however, string beans are permitted). Prohibited foods on Passover include the following: leavened bread, cakes, biscuits, crackers, cereal, coffees containing cereal derivatives, wheat, barley, oats, spelt, rye, and all liquids containing ingredients or flavors made from grain alcohol.

Watch for a letter in your e-mail or snail mail about selling your chometz! ✧



Passover Candlelighting Times:



Monday, March 29, 7:12 p.m.
 Tuesday, March 30 8:12 p.m.
 Sunday, April 4, 7:18 p.m.
 Monday, April 5, 8:18 p.m.

The blessings recited are:

ברוך אתה ה' אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של יום טוב.

Baruch ata Adonai Eloheinu melech ha-olam, asher kid-shanu b'mitzvotav v'tzeevanu l'hadleek ner shel yom tov.

Praised are You, Lord our God, Master of the universe, who has sanctified us with Your commandments and commanded us to light the festival candles.

And on the first night only:

ברוך אתה ה' אלקינו מלך העולם, ששהחיינו וקיימנו והגיענו לזמן הזה.

Baruch ata Adonai Eloheinu melech ha-olam, she'hecheyanu, v'kee'manu, v'heegee anu lazman hazeh.

Praised are You, Lord our God, Master of the universe, who has kept us in life, sustained us, and enabled us to reach this season. ○



National Council of Jewish Women
Frederick Section

**A FAITH IN THE FUTURE
A BELIEF IN ACTION**

by Marcy Taylor, President

Luckily, many of us were plowed out in time to enjoy a delightful evening with Julie Fromer. We relaxed with a cup of tea while she talked to us about the role of tea in Victorian England. This program coincided with our bi-annual fundraiser for the Ruth Tick Memorial Nursing Scholarship. Thanks to everyone's generosity, we raised over \$500 for the scholarship, which will cover this year's award.

Thank you to everyone who donated items for the Cold Weather Shelter. Two large loads of needed items were delivered to a very appreciative shelter. We are now collecting items for the Kline Hospice House. The Kline House, operated by Hospice of Frederick County, is a residential hospice, with 24-hour caregivers who provide personal care, medications, meals, laundry, and companionship in a homelike setting. See the flyer in this *Bulletin* for more information about this current collection.

On March 5, NCJW is sponsoring the Friday night Oneg at Beth Sholom. Please join us at 6:30 p.m. as we welcome the Sabbath. During the service, we will speak briefly about NCJW.

NCJW is sponsoring the Season for Nonviolence program "*What We Don't See In Our Community*" on Sunday, March 7. Panelists include Shari Ostrow-Scher with Children of Incarcerated Parents Partnership (COIPP), Joey Hoffman with National Hunger and Homeless Awareness Program and Doug Houck from the Department of Veteran Affairs. Join us from 4 – 6 p.m. at the Unity in Frederick (1 West 9th Street), where each panelist will help us understand the needs of his/her respective group and how often we do not "see" them or recognize the impact we have on them or they on us.

Did you know membership to NCJW Frederick Section has its benefits? Please join us at our next meeting (Sunday March 14, 10 a.m. in the Beth Sholom Community Center Library) when we will be accepting recommendations for recipients of NCJW Frederick Section 2010 donations. Each year, our community outreach also includes donations to local Safe and Sane programs. If you are a member of NCJW and have a child (or grandchild) who is a senior in a Frederick County high school, please let us know.

For more information on NCJW Frederick Section, please check out our web site www.ncjwfrederick.org or contact any NCJW Board Member. ☆

Did You Know?

Now that Beth Sholom has a congregant who is deaf, the Parker Interpreter Fund is more important than ever. We need to be able to hire interpreters for as many services and events as possible in order to serve *everyone's* needs. Please consider designating your next donation to the Parker Interpreter Fund. ☆



THE BRUNCH BUNCH

(Formerly known as the Beth Sholom Social Club)

March right over and stay a while
share in our laughter, friendship and smiles
Bring a dairy lunch...just for you
Our open arms will welcome you.



Thursdays at the Community Center at 11 a.m.
Mar. 4, 11 & 25
Lunch out - Mar. 18



Send us the e-mail addresses
of your college kids.
We want to stay in touch!

bethsholomfrederick@yahoo.com
or
301-663-3437

Congratulations

to

Andrea & Kevin Eyler
on the birth of their granddaughter
Ella Masouda Konstandinidis
December 16, 2009

Ella is the daughter of
Shelley (Eyler) & John Konstandinidis
and the sister of
Taylor, Cameron and Mylo



Fay Kaufman & Matthew Sanders
and Harvey Levy
on the birth of their granddaughter
Atara Shulamit (Shulie) Friedman
January 29, 2010
Shulie is the daughter of
Becca (Levy) & Josh Friedman



Bulletin Angels

Cindi & Barry Diamondstone
in honor of the naming of
their grandchild, Alexander Holst

Judy Katz
in loving memory of
Jean Michaelson
Philadelphia, PA

What is a Bulletin Angel? YOU are, when you give a gift to Beth Sholom of \$36 per issue to help defray the costs of publishing Beth Sholom's Bulletin. Angels' names are published in each issue. Send your check, earmarked for Bulletin Angels, to the Community Center. ☆



BETH SHOLOM MEN'S CLUB

The next meeting of the Men's Club will be on Sunday, Mar. 21 at 10:15 a.m. Nominations for officers will be accepted. The program will be "old time TV shows" presented by Fred Berney. The talk will include excerpts of programs from the early days of television, including "Ding, Dong School," "Howdy Doody," "Milton Berle," "Sid Caesar," very early Jackie Gleason (before "The Honeymooners") and others. ☆



Congregant Julius Isaac entertains at Sisterhood's Italian dinner.



By Carol Blum
President

Sisterhood

I hope you have all survived the snow and all the necessary cancellations. Here's what's coming up:

Sunday, March 21, 1:30-3 p.m.
Kitchen Shower and Thank you Tea for Carol Kosman
(see additional information elsewhere in this Bulletin)

Sunday, April 18, 12:30-3 p.m.
"Diamonds are a Girl's Best Friend" fundraiser
Lunch and a chance to win pieces of jewelry. Watch for additional information. MEN WELCOME (Mother's Day is less than a month away!)

Friday, May 21
Sisterhood Shabbat and Oneg to thank our continuing officers, chairwomen and supporters of all our projects and also to welcome Shifra Singerman to Sisterhood.


SEE YOU ALL ON MARCH 21! ☆



SPECIAL BIRTHDAYS

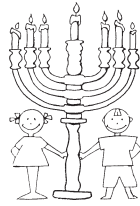
Daniel Blank
Boyd Dwyer
Alex Haber
Pauline Horn
Garen Minton

*Beth Sholom extends sincere condolences
to
Alison Lynch and family on the passing
of her stepmother, Joyce Kimmelman
and
John Konstandinidis and family
on the passing of his grandmother, Zohra Amar*



Beth Sholom Early Childhood Center

by Margie Barber, director and
teacher of 4-year-olds



Registration for Beth Sholom Early Childhood Center began in January. Some of the classes are rapidly filling up, and others still have spaces. Please spread the word if you know of anyone looking for a spot for their two-, three- or four-year-old. We offer a warm and welcoming environment, with a challenging curriculum that serves to inspire, delight and motivate the children to learn as much as possible about themselves and the world around them.

As we move into the second half of the year, we realize in the Bumblebee class (4's), that we have almost finished the alphabet. We've had so much fun taking part in different activities that relate to the letters we are learning. For instance, during Ii week, we made "Ice Cream in a Bag." Yum! During Hh week last month, we had "Hat Day." It was a riot! During Bb week in October, we made our own butter, which was delicious on our crackers at snack time. These are only three of many examples of interesting activities we take part in each day at school. There's never a dull moment!

In January, we began the month learning about Dinosaurs. They are amazingly interesting creatures, with incredibly long names, which doesn't seem to be an impediment to the preschoolers. Some of the students can spout off the four and five syllable dinosaur names with unbelievable ease! We spent one day learning about Martin Luther King, Jr., and learned a beautiful song about people of all colors. In February, we took a "trip around the world" visiting Germany, Italy, China and Mexico. Definitely a whirlwind trip, especially considering the many days we lost due to the snow. ☆



Holocaust Memorial Program

This year, the Holocaust Memorial Program will be held on Sunday, April 11 at Beth Sholom Community Center. The event will be co-sponsored by Beth Sholom and Kol Ami Congregations. More information to follow soon.

If you would like to help sponsor the program, please send or bring your donation to the Beth Sholom office. Your name will appear in the program if we receive your donation by March 25.

Beth Sholom Program Committee

by Norma Kelsey

Please mark your calendar for the following events:

Civil War Series:

Sunday, March 7: *Rabbi Fred Raskind* of B'nai Abraham in Hagerstown will speak about "**Jews and the Civil War;**" 1:30 p.m. No charge; your donation would be appreciated. Light refreshments will be served.

TBD: Beth Sholom members and Frederick natives, *Paul and Rita Gordon*, will speak about "Jews in Frederick in the Civil War." The Gordons are the authors of the book, *Jews Beneath the Clustered Spires* and are noted historians. Come and learn about the Jews who lived in Frederick from 1850 to 1870; the two occupations of Frederick; Frederick as a hospital town; the impact on the citizens and especially the Jews of Frederick by military activities; and more!! No charge; donations gratefully accepted.



Sunday, May 2: We will have a "field trip" to **Gettysburg National Battlefield**. Tour Guide Jim Hueting, of Frederick, will lead us on a trip around the Battlefield, starting in Gettysburg at 1 p.m. More information will follow with the details of cost, transportation, etc. Stay tuned!! This trip is for adults and students of high school age and older.

Sunday, May 23: We are planning a trip to **Monticello in Charlottesville, Virginia**. Monticello, the home of Thomas Jefferson, was saved from ruin by Uriah Phillips Levy, a Jewish officer in the United States Navy. An admirer of Thomas Jefferson, Levy purchased Monticello in 1832 and did much to preserve it. Later the Confederate government seized the property, and it fell into horrible disrepair. After the war, Uriah Levy's nephew and heir, Jefferson Monroe Levy, acquired Monticello and returned it to its former glory. If not for the Levys, it is unlikely that Monticello would have been saved. *Come with us to Thomas Jefferson's Monticello: Discover the man, his home and the 19th-Century Jewish family that saved Monticello.* Details will follow.



May 16: Mr. Barry Bogage of the Maryland-Israel trade office will speak about the duties of that office and business opportunities that are possible through that office. There will also be a brunch in conjunction with this talk. 10:30 a.m. More details to follow. No charge; your donation would be appreciated. ☆



Attn: Sisterhood Members and Congregants

You're invited to a Kitchen Shower for the Beth Sholom Kitchen
 Sunday, March 21 from 1:30 - 3 p.m.
 Beth Sholom Community Center

WHY? The kitchen was supplied by Sisterhood when our Communiter Center opened over ten years ago. Since then, things have worn out, broken, or disappeared. The kitchen crew makes do with donations and small purchases. Everyone should have a kitchen shower every 10-25 years and we're sorry we can't do this for all our congregants. But we can do it for the heart of our shul--the kitchen. Almost everything that happens at Beth Sholom involves the kitchen and its crew. Did you attend the Gala in November? The food was prepared in our own kitchen by our own volunteers and it was spectacular.

Following is a list of the most needed items. We realize that some things are expensive and hope that groups will get together to purchase the larger items. You may also donate gift cards or cash toward something on the list. Please be aware that cookware and appliances must be commercial grade; if it is not marked "NSF approved" check with Ken Berkowitz at the shul. In lieu of a Bed Bath & Beyond-type registry, Chris Eissenstat will coordinate purchases. Check with Chris before and after your purchase so that she can keep the list up to date. Contact 301-695-1668 or eissenstatc@comcast.net.

Thank you in advance for your generosity - we hope you will come to the shower to see Eileen and Ellen open our gifts. As always, refreshments straight from our kitchen will be served.

- | | |
|--|---|
| (1) commercial-grade mixer | (2) large silicone spatulas |
| (1) commercial-grade food processor | (2) large crystal-type creamer pitchers |
| (1) 100-cup commercial coffee pot (this item has been received) | (4) large metal colanders |
| (2-3) good can openers | (8) cutting boards |
| (4) stools with backs | (2) large commercial frying pans (<i>1 has been received</i>) |
| (2) knife sharpeners | (1) full set high-quality pots and pans (like Farberware) |
| (12) large wooden spoons | (12) metal serving spoons |
| (4) high quality whisks (stainless steel) | (6) large plastic food prep bowls (<i>3 have been received</i>) |
| (4) stainless steel egg slicers | (8) decorative plastic serving bowls |
| (1) paper towel rack | (6) high-quality plastic rectangular serving trays |
| (4) vegetable brushes | (6) square plastic trays |
| (8) sets potholders, regular or silicone (1 has been received) | (4) plastic 1- to 2-cup size serving bowls |
| (2) swingout dish towel racks | No limit - dishtowels and aprons |

**SAVE THE
DATE**

Barbecue Banquet
Shoresh
 Sunday, May 23, 2010



Honoring
 William & Sherry Greenfield
 Parents of the Year

at the Shoresh Harry & Jeanette Weinberg Campus
 2428 Pleasant View Road • Adamstown, MD 21710



Order your Passover candy now!

The Beth Sholom Early Childhood Center is selling Kosher for Passover candy and confections along with some useful kitchen items. Every edible item will have a certification Passover Kosher Supervision.

The following is a list of available items. You can 1) print this form and send it in with your order and payment to Beth Sholom ECC, 1011 N. Market St., Frederick MD 21701, or 2) order online at www.misschocolate.com – use code no. **702518** to be sure that Beth Sholom is credited for the sale.

Orders must be received by Friday, March 5.

ITEM #	PASSOVER ITEM DESCRIPTION	QTY.	PRICE	TOTAL
2386	Chocolate Mint Diamonds (P)		\$8.50	
2501	Vanilla Macaroons (P)		\$8.00	
2529	Fruit Slices (P)		\$14.00	
2535	Dark Chocolate Matzo (P)		\$13.75	
2541	Seder Mints (P)		\$10.50	
2560	Almond Bark (P)		\$10.50	
2564	Chocolate Covered Macaroons (P)		\$11.50	
2591	Raspberry Cocolate Jellies (P)		\$11.50	
2642	Chocolate Covered Matzo Crackers (P)		\$13.75	
3000	Chocolate Festival Pops (P)		\$5.50	
9500	Chocolate Festival Pops (P) – 4 pack		\$18.00	
2531	Lollycones (D)		\$5.50	
2500	Lollycones (D) – 4 pack		\$18.00	
2508	Cashew Butter Crunch (D)		\$9.00	
2542	Almond Caramel Clusters (D)		\$11.00	
2553	Chocolate Caramel Daisies (D)		\$10.00	
2562	Milk Chocolate Matzo (D)		\$13.75	
2590	Almond Kisses (D)		\$15.50	
2593	Milk & Dark Chocolate Assortment (D)		\$15.50	
3577	Almond Butter Crunch (D)		\$14.00	
758	Microwave Splatter Shields (3 piece)		\$12.00	
1657	Stainless Steel Graters (3 piece)		\$10.50	
1701	Crazy Ft. Cupcake Holders (4 piece)		\$8.50	
2197	Flexible Ice Cube Tray		\$7.50	
4651	Double Spoon Rest		\$12.50	
6856	Expandable Trivet		\$9.00	
		GRAND	TOTAL	\$

Name _____ Phone _____

Address _____

Beth Sholom Shotokan Karate Club

It's not just...

- * **Self-Defense & Staying Fit**
- * **Fun & Self-Confidence**
- * **Discipline & Respect**
- * **Tradition & Knowledge**

Develop Skills For Life!

Join Rabbi/Sensei Murray Singerman and learn the ancient martial art of karate. Build character and confidence, courage and courtesy.

Fun and exciting classes for kids ages 8 and above. Challenging teen and adult program.

Where: Beth Sholom Congregation
1011 N. Market Street
Frederick, MD 21701

When: Sunday
12:30-1:15 p.m., Kids/Adults
1:15-2:15 p.m., Teens/Adults only
Wednesday
6:30-7:15 p.m., Kids/Adults
7:15-8:15 p.m., Teens/Adults only

Cost: Beth Sholom Members -
\$15/month
Non-B.S. Members - \$35/month
Discounts for additional family members

For more info, call 301-663-3437 or e-mail:



Rabbi Singerman has studied Japanese and Okinawan karate for more than 25 years.

In a non-competitive, rigorous, fun setting, Rabbi Singerman teaches Shotokan karate, emphasizing self-defense and the practical applications of kata (forms), physical fitness, and the development of character.



DATES

camp shoresh 2010

Meet, Greet, & Eat: Sunday, June 13, 2010
 FIRST SESSION: Wednesday, June 23 – Saturday night, July 24, 2010
 SECOND SESSION: Monday, July 26 – Saturday night, August 7, 2010
 Closing Ceremonies: Sunday, August 8, 2010 - 1:45-3:30
 NO CAMP: Tuesday, July 20 (Tisha B'Av)
 Friday, July 23 (Frederick Shabbaton)

special events

For Grades 2nd – 10th
 Thursday, June 24: Late Stay Concert
 Thursday, July 1: Hershey Park
 Thursday, July 8: Overnight
 Fri. Night-Sat. Night, July 23-24: Frederick Shabbaton
 Thursday, July 29: King's Dominion
 Thu. - Sat. Night, Aug. 5-7: Baltimore Shabbaton

FEES

Junior Shoresh: \$940/session 1 - \$470/session 2
 (Early-bird by 1/15/10*: \$50 off per session)
 Shoresh: \$1,115/session 1 - \$560/session 2
 (Early-bird by 1/15/10*: \$50 off per session)
 C.I.T. Program: \$1,250/session 1 - \$625/session 2
 (Early-bird by 1/15/10*: \$50 off per session)
 *Early Bird applies to first 100 families

Transportation: \$270/session 1 - \$135/session 2
 Frederick Transportation: \$100 1st session/ \$50 2nd session

Sibling Discount: One child pays full tuition; each additional child receives \$35 off/per session



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Yahrzeits
ADAR/NISSAN 5770
MARCH 2010



March 5*

Tye Garner	Etta Cohen
Evelyn Lewin	Jerome Levy
Samuel Poiley	Rae Needle
Saul Feuer	Maureen Tischler
Joseph H. Jacobs	Morris Pargament
Ida Bloom	Deborah Pollicove
Edith Chapin	Harry Elfman

March 12*

Abraham Bailin	Lillian Adelman
Golda bas Oscar	Herbert Newman
Lena Mendelson	Paul Dubin
Lillian Prenskey	Robert E. Galinkin
Cecelia Potlock	Mirian Edland
Elsie Spielman	Esther Halper
Diane Vigder	

March 19*

Samuel Goldberg	Bertram Vigder
Saul Guttman	Isadore B. Lyon
Daniel Marcus	Norman Green
Ruth Sheppard	Rose Kosman
Paula Bondy	Pauline Mower
Jack Chapin	Gerry Radbill
Paulina Macarthy	Joseph Ciampa
Gabriel Palti	Seth Zebovitz
William Pittleman	

March 26*

James R. Cohen	Mordecai ben Mair
Gertrude Horowitz	Minerva Rachel Dorris
Lillian Simon	Jacob Morris Glick
Beverly Sklar	Dena Cotler
Lillian Pittel	Morris Grossman

DONATIONS



Beth Sholom gratefully acknowledges the following donations:

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 Myra & Glenn Treiber for the Yahrzeit of Stanley Spectre
 Terri & Marc Weinstein for the Yahrzeits of Danielle Weinstein,
 Dylan Weinstein and Adele Filderman

(Continued next page)

* indicates Friday on which name will be read from the Bima.

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Shana Potash for the Yahrzeit of Alec Meyer
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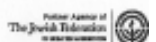


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March 2010 15 Adar 5770 - 16 Nisan 5770

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 15 ADAR Shushan Puri Shoresh Bing	2 16 ADAR	3 17 ADAR 4:15p Heberw Scho 7:30p Hebrew Readin Class	4 18 ADAR 8 a Minyor 11a Brunch Bunc	5 19 ADAR 5:47 6:30p Service NCJW One	6 20 ADAR Ki Tisa Parashat Par 9:00a Chapel Servc 9:30a Sanctuary Servi 10:30 a Pareritot Shabbat	
7 21 ADAR 9:30a Minyor 9:30a Religious Scho 10 a MensClub Meeting 12:15 and 1:00 P Karate 1:30p Rabbi Raskin Program Bingc	8 22 ADAR Bingc	9 23 ADAR	10 24 ADAR 4:15p Hebrew Scho 6 p Education Committee Meetin 6:45 and 7:30 Karat 7:30p Hebrew Readin Class	11 25 ADAR 8 a Minyor 11 a Brunch Bunc	12 26 ADAR 5:55 6:30p Service	13 27 ADAR Vayakhel -Pekud Parashat Hachode 9 a Chapel Servc 9:30a Sanctuary Servi 10:30a Kiddie Korne	
14 28 ADAR 9:30a Minyor 9:30a Religious Scho Torah for Tot 10 a NCJW Meetin 12:15 and 1:00 Karat 12:30p ECC Family Bingo Bingc	15 29 ADAR Shoresh Bing	16 1 NISAN Rosh Chodesh Nis	17 2 NISAN 4:15p Hebrew Scho 6:45 and 7:30 Karat	18 3 NISAN 8 a Minyor	19 4 NISAN 7:01 6:30p Service Bar Mitzvah of Hayder Vegh	20 5 NISAN Vayikra 9 a Chapel Servc 9:30a Sanctuary Servi 10:30a Kiddie Korne Bar Mitzvah of Hayder Vegh	
21 6 NISAN 9:30a Minyor 9:30a Religious Scho 10 a Shoresh Pesa Class 12:15 and 1:00 Karat 1:30 p Sisterhood Kitch Shower Bingc	22 7 NISAN Bingc	23 8 NISAN	24 9 NISAN 4:15p Hebrew Scho 6:45 and 7:30 Karat	25 10 NISAN 8 a Minyor 11 a Brunch Bunc	26 11 NISAN 7:08 6:30p Service	27 12 NISAN Tzav 9 a Chapel Servc 9:30a Sanctuary Servi 10:30a Kiddie Korne	
28 13 NISAN 9:30a Minyor 9:30a Religious Scho NO BINGO	29 14 NISAN Erev Pesac 7:12 NO SCHOOL NO BINGO	30 15 NISAN Passover - Day 8:12 10:00a Service NO SCHOOL	31 16 NISAN Passover - Day 10 a Service NO SCHOOL	Please check the website for calendar updates www.bethsholomfrederick.org			